CHAPTER 86-03-03 SERVICES AVAILABLE TO RESIDENTS

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86-03-03-01. Medical services.

- 1. A new resident must be given an admission physical by a staff physician within ten days after arrival at the home. Each new resident shall have a chest X-ray taken or shall provide the results of a chest X-ray taken within one year of admission. Generally, a veteran will be sent to the veteran's administration hospital for a chest X-ray. A nonveteran who is unable to have a chest X-ray taken at the veterans' administration hospital shall assume the expense for obtaining a chest X-ray.
- 2. All residents must be given annual physicals by one of the home's staff physicians to detect any new medical problems.
- 3. A resident who is on medication shall turn the medication in to the infirmary; and the nursing supervisor or a staff physician shall determine whether the resident be placed on self-medication or whether the medications be dispensed from the infirmary. All prescription medications must be ordered through the infirmary. A resident may not order prescription medication without specific authorization by the nursing supervisor or a staff physician.
- 4. Residents on mood-altering drugs shall remain on them if deemed necessary by a staff physician. If a resident's failure to take the prescribed medication results in interference with the resident's behavior, it is grounds for an immediate discharge. Appropriate placement shall be recommended. If it becomes apparent that a resident presents a danger to self or others, emergency commitment procedures must be followed, and the resident must be sent to the state hospital.
- 5. If a resident requires medical attention due to a fever, symptoms of an infection, fall, or other medical problems, the nurse must be notified immediately. Appropriate steps must then be taken, either through treatment at the home by a staff physician, or transfer to the veterans' administration hospital or local hospital. All life-threatening emergencies must be referred to a local hospital first.

- 6. Residents who require outpatient care or inpatient treatment must be referred to the veterans' administration hospital unless they request otherwise. Nonveterans may choose where they wish to be treated.
- 7. Residents who have scheduled appointments shall notify the nurse of the appointment to ensure that the necessary followup is made.
- 8. Residents treated on an outpatient basis or who are hospitalized shall sign a release of medical information form, which is confidential and must be used to update the resident's medical file.
- 9. Residents in need of dental care, eye examinations, physical examinations, speech therapy, occupational therapy, or other medical services are responsible for payment of such services with the exception of the admission physical and annual physical given by a staff physician. Residents who are ineligible for medication through the veterans' administration are responsible for the costs of their medication.

History: Effective May 1, 1987. General Authority: NDCC 28-32-02

Law Implemented: NDCC 37-15-03, 37-18.1-03(2)

86-03-03-02. Meal service policies.

- 1. Residents must be provided three meals per day. Meals must be served at seven a.m., eleven-thirty a.m., and five p.m. Meals must be served cafeteria style, and residents shall carry their own tray unless the nursing supervisor or a staff physician has granted an exemption. To facilitate taking roll at meals, seats must be assigned.
- 2. If a resident wishes to be excused from a meal, the nurse on duty or the office must be notified at least one hour before mealtime. A resident who wishes not to be present for a meal must check out in person and failure to do so must be treated as an unexcused absence subject to disciplinary action. An exception must be made for a resident who is unable to check out in person because of illness.
- 3. A resident who wishes to extend an invitation to a meal shall obtain the consent of the commandant or a subordinate in charge.

History: Effective May 1, 1987.

General Authority: NDCC 28-32-02

Law Implemented: NDCC 37-15-03, 37-18.1-03(2)

86-03-03. Mail. Each resident must be assigned a mailbox at the home. Mail that a resident receives must be properly addressed to the resident in care of

the North Dakota veterans' home. The home is responsible for most postal services for the residents.

History: Effective May 1, 1987.

General Authority: NDCC 28-32-02

Law Implemented: NDCC 37-15-03, 37-18.1-03(2)

86-03-04. Laundry. A resident need not launder his or her own clothing as the home is equipped to launder all personal washable clothing. However, if a resident chooses to launder his or her own clothing, it must be done in the resident laundry area, where coin-operated washers and dryers are available. A resident may not use the laundry facilities located in the washrooms or janitor closets at the home. A resident may not hang wet clothing on furniture, doors, or heat registers. Wet clothing must be dried in the resident laundry area in the dryers. A resident's clothing must be marked with a stamp provided by the home or with laundry tags ordered at the resident's own expense.

History: Effective May 1, 1987. General Authority: NDCC 28-32-02

Law Implemented: NDCC 37-15-03, 37-18.1-03(2)

86-03-05. Transportation. The home furnishes limited transportation to the residents. Transportation is provided once a day to the Lisbon business district on business days. Transportation to Lisbon for medical purposes is furnished on an individual basis. Transportation to Fargo is provided by the home on Tuesdays and Wednesdays, and by the Ransom County seniors on Thursdays. Other transportation is the responsibility of the individual resident.

History: Effective May 1, 1987. **General Authority:** NDCC 28-32-02

Law Implemented: NDCC 37-15-03, 37-18.1-03(2)

86-03-06. Beauty and barber services. A resident may utilize the services of local beauticians and barbers, provided that the resident is responsible for payment for such services. Transportation to a local beauty shop or barber shop shall be provided if arrangements cannot be made with the local beautician or barber to provide services at the home. However, in such event, a resident shall request a member of the staff to make the necessary appointment. A resident may not cut or trim another resident's hair unless the resident has a current barber or beautician license, and in addition, has received the approval of the commandant.

History: Effective May 1, 1987. General Authority: NDCC 28-32-02

Law Implemented: NDCC 37-15-03, 37-18.1-03(2)

86-03-07. Religious services. Residents may participate in a religious program of their choice. Catholic and nondenominational services are conducted

at the home. Residents with individual preferences may attend a local church of their choice, with transportation being the responsibility of the resident.

History: Effective May 1, 1987.

General Authority: NDCC 28-32-02

Law Implemented: NDCC 37-15-03, 37-18.1-03(2)